

10-16-2013

Iowa State Daily (October 16, 2013)

Iowa State Daily

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Possible economic downturn could follow default on debt

By Zoe.Woods
@iowastatedaily.com

Thursday is the deadline: Congress will have make a decision on whether to raise the debt ceiling or face a default on all of its current debts.

The United States is currently \$17 trillion in debt. Argentina is the only country to have ever defaulted on its debts, in 2001.

In order for a decision to be made, Sen. Harry Reid, D-Nev., has to sit down with Speaker of the House John Boehner, or President

Barack Obama must sit down with Republicans. However, these discussions are not in process.

Sen. Chuck Grassley, R-Iowa, said he feels the economy will not be sorely affected if the United States goes past its deadline by a few days. The government spends approximately \$3 trillion regularly, and 80 percent of that money is tax money.

"The definition of a default is not paying your interest on the national debt," Grassley said. "It seems to me that it's just a matter of prioritizing to pay the interest

on the national debt, pay a lot of other things that are common sense that you need to pay."

Sen. Tom Harkin, D-Iowa, said he feels it is important for a decision to be made so as to avoid an economic downfall. "Allowing the bill that's over there, that is a clean continuing resolution to put on the House floor for a vote," Harkin said. "There is no question it would pass with enough Republicans and Democrats."

Harkin said the Republicans are saying that the Democrats are refusing to negotiate and that

Obama is refusing to negotiate under these circumstances.

"Well the past six months we have asked on to set aside no less than 19 times to go to a conference on the budget, so the House passed a budget, [the Senate] passed a budget," Harkin said. "They're different and usually you go to conference to work it out, and that's where we can negotiate on health care, tax reform and anything that the Republicans would like to discuss."

Harkin said that for every continuing resolution or for every

Global debt history

Countries in Africa, Asia, South America, Europe and North America have experienced some sort of default or debt reconstruction between the years of 1800-2012.

- Africa: 22 countries
- Asia: 14 countries
- South America: 25 countries
- Europe: 21 countries
- North America: 2 countries

DEBT p2 >>



Senior Javier Tello Guillen and junior Irma Tello Guillen, who finished third place in second annual Top Chef Latino 2013, are working on their dishes during the competition in 210 MacKay Hall. Jen Hao Wong/Iowa State Daily

Top Chef Latino cooks up competition

By Kat.Gruenewald
@iowastatedaily.com

The smell of cooking food filled the air in the kitchens of MacKay Hall, while Latino music drowned out the noises of sizzling beef and echoing voices.

Over all the commotion Victor Aguilar, judge at Top Chef Latino and sophomore in chemical engineering yelled, "Your food has to be presentable

in 10 minutes."

With that warning, more pressure was added to the competitors of Top Chef Latino.

The participants wielded their spoons even faster and urged their teammates to work more quickly.

Seven teams of two competed in Tuesday nights Top Chef Latino to cook the perfect Latino inspired dish.

Out of more than 50

ingredients, the teams had to pick at least five with which they had to cook. The rules declared that the teams couldn't know what kind of ingredients they would get.

"It is really interesting to see what they are able to [come up with]. It shows what they grow up with," Aguilar said.

The teams had to make appetizers for at least 40 people because everyone at the event got the chance

to taste the food after the judges did.

To prepare for these requirements Celize Christy, competitor on team Coloma and junior in global research and animal science, said that her teammate and she looked at different recipes and tried to plan out meals that the available ingredients could create.

Cooking a dish with unknown ingredients is a challenge in itself, but

to add an extra twist, the organizer of Top Chef Latino set up three challenges over the hour.

During the first challenge, the team leader was sent out of the room for three minutes, and the second team member had to cook on his or her own. Ten minutes later the contestants were asked to turn off their stoves for four minutes.

"Oh, that will affect the food!" said Juan Meza,

freshman in animal ecology and audience member of Top Chef Latino. "Especially if you have a lot of meat."

While the seven teams worked through the challenges and cooked a presentable dish, up to sixty people gathered in the kitchens and cheered their favorite teams on.

Latino Heritage Month has hosted this event for the second time in its history.

CHEF p2 >>

ISU researchers investigate future of biodegradable pots

Bioplastic crop containers could eliminate trash, provide plants nutrients

By Simone.Scruggs
@iowastatedaily.com

A research program to better the environment and create a more sustainable use for crop containers is underway at Iowa State.

The program is being used to study sustainable bioplastic containers for crops and plants to be sold in for commercial uses to consumers. This program is in its third year of a five year study.

The main purpose of the program is to make container crops horticulture more sustainable.

The containers give off a fertilizer affect while the crops or plants are growing. As the crop or plant grows inside the container, the container loses coloring on the outside due to the crop or plant taking away the fertilizer and nutrients. At that point, the container also begins to degrade.

Most containers are made from petroleum plastics that are not degradable. James Schrader, an assistant scientist in horticulture, said all of the containers

being tested are more sustainable than the petroleum plastic because they are biodegradable.

"There is the container crop industry that uses about 800,000 tons of plastic every year and most all of that goes into landfill," Schrader said. "Either the customer throws it there or the growers if they have plants they were unable to sell. The don't reuse those containers."

Schrader said it is possible to recycle the petroleum plastic, but just about no one does, so the plastic ends up in landfills.

One reason consumers are not recycling the plastic is because it is dirty from the crop or plant, Schrader said.

"Our idea is that the producer would grow the plant in this container, the consumer would buy it and when they go to put their plant in the ground they would take the plant out and break this [container] into pieces and put that in the hole [with the plant] so it can degrade in the soil while the plant grows," Schrader said.

The containers have proteins made in with the bioplastic, are used as a fertilizer for the crop or plant. The fertilizer is used both when the crop or plant is growing in the greenhouse and while the crop or plant is growing in the ground according to Schrader.

The bioplastic program is a multidis-



James Schrader, left, and Kenny McCabe are part of the 5-year program bioplastic pots, currently tested in Horticulture Hall. The pots they are holding are examples of the research. Nur Surya Abu/Iowa State Daily

cipline and multi-institutional program with three other universities working with ISU on the program. Material science and agricultural biosystem engineering are two disciplines on Iowa State's campus working with the program.

Those two other areas are responsible for blending the materials and making the containers. The containers are

then brought to the Horticulture Hall on campus for testing with crops and plants. Testing is also done at the Horticulture Station in Gilbert, Iowa.

The bioplastic program has eliminated a variety of materials that are not suitable for the sustainability of the bioplas-

BIOPLAST p2 >>



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>>BIOPLAST p1

tics containers already. The programs started with 32 possible bioplastic materials and now are

studying the remaining 15 materials. Improvements are being made to have an end result of five final materials that will be produced

>>DEBT p1

bill to extend the debt limit, a small minority could threaten the economy. College students in Iowa will be

among those to feel the effects of a default. If the United States were to default on its debts, interest rates could go up, and that will be reflected on the interest rates charged on

student loans. For those students getting ready to graduate and looking for jobs, the possible default could affect their chances in finding jobs.

>>CHEF p1

“We probably tripled our numbers of audience members, and because so many people wanted to compete we have made teams of two this year,” said Sandy Velasquez, president of the Latino Heritage Committee. “It is really great.” For the last 20 minutes,

a countdown ticked out the time for the competitors, and Aguilar announced the last challenge. “You have 20 minutes left, and for the last challenge we ask you to use only one hand for three minutes while you are cooking.” Time and the challenges worked against them, but when the final

bell rang each team was ready to present a dish. The judges rated them on taste, usage of ingredients, representation of Latin American food and creativity. Ariana Mora, junior in psychology and Chris Hinojo, senior in microbiology, of team “LosIncass” were declared victors at the end of the

night with a dish of deep fried rice called chaufa and empanadas filled with mozzarella cheese, salt, green onions, beef and sausage. “Everything worked out as planned. We feel really good,” said Mora. The team will receive an unknown prize at the Cultural Night of the Latino Heritage Month on Oct. 19.



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Challenging Chinaphobia Gender Differences



Kesho Scott is an associate professor of American Studies and sociology at Grinnell College and a diversity trainer with more than two decades of experience leading programs to unlearn racism. She developed an “affirmative duty” technique for facilitating workshops that help participants shift their awareness, commitment and skill-set away toward being actively and personally anti-racist and anti-sexist, rather than passive observers. Kesho Scott is the author of *The Habit of Surviving: Black Women’s Strategies for Life*, and coauthor of *Tight Spaces*.


Kesho Scott

Wednesday, October 16, 2013
8 pm - Sun Room, Memorial Union

Sponsored by: Women’s and Gender Studies Committee on Lectures (funded by CSB)

What Is (Ab)Normal?

How to Identify Mental Illness



Disability Awareness Week

Psychologist Robert Krueger will discuss the differences between normal and abnormal human behavior and how the two overlap. He specializes in the diagnosis of mental illness and the role of genetics in personality and personality disorders. Robert Krueger recently served on the task force to develop the upcoming 5th edition of the *Diagnostic and Statistical Manual of Mental Disorder*. He is the Hathaway Distinguished Professor of Clinical Psychology in the Department of Psychology at the University Minnesota. His awards include the Distinguished Scientific Award for Early Career Contribution from the American Psychological Association.

Wednesday, October 16, 2013
7 pm ~ Great Hall, Memorial Union

Robert Krueger

Sponsored by: Psychology, Psychology Club, Student Disability Resources, and Committee on Lectures (funded by CSB)

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PERIODICALS POSTAGE

Of course, my criticism is in part

Fine Dining Event Management cooks up various cuisines



Five dinners are featured each fall semester by the students in the Fine Dining Event Management class. Students are given their groups and themes the first day of class and after that moment they are planning everything for their dinners.

By Lauren Grant
@iowastatedaily.com

Unknown to many students and faculty outside of the College of Human Sciences, students in HRI 487 Fine Dining Event Management are cooking up various cuisine in the basement of MacKay Hall. Five dinners are featured during each fall semester. Students are assigned groups and themes from the first day of class. From that moment, brainstorming for menu ideas, decoration and financial planning begins. During the first few weeks of class, students undergo a vigorous schedule consisting of menu testing and financial forecasting, all preparing for their dinner. HRI 487 brings something new to Iowa State

every year that students wouldn't normally be able to experience. For \$35 guests are able to enjoy a five-course meal with wine pairings. On Nov. 6, guests are able to experience 'Gourmet Southern Cuisine.' Dishes featured in this event include local fried green tomatoes, butternut squash soup, kale and collard greens salad with pickled apples, oven barbecued spare ribs, and a bourbon pecan bread pudding. Dinner begins at 6:30 p.m. Reservations are required, and the dinner is open to anyone. For more information or to make a reservation for Nov. 6, contact Steph at stephf@iastate.edu. For information on additional dinners check out ameseatsflavors.com.

European trend comes to Ames

By Steph Ferguson
@iowastatedaily.com

Growing and preparing your own food is nothing new, but a trend called food swapping is sweeping Europe and has become local in Ames. Started in January, the Ames Food Swap is the first and only registered food swap in Iowa under the Food Swappers Network. Since the beginning of the year, meetings have been held almost every month, each with a different theme. According to Kate Ralston, fellow food swapper, every time is something different. "The food swaps are free and everyone is welcome to participate or just come check us out without bringing items to swap," Ralston said. Registered attendees are asked to bring three to four servings of a dish or special ingredient to share. It is expected that once you bring something, you can take home something new in return. "At first we started with 10 to 12 people at a meeting. We did meal based ideas at first," said Ali Rost, organizer of the Ames Food Swap. Thinking that some people might shy away from the idea of bringing a whole meal to the food swap, Rost thought it would be better to have participants bring whatever they would like.

"You can go home with a new ingredient and make a meal using something you didn't have in your kitchen before," she said. Some items at the most recent food swap included dehydrated tomatoes, dried apples, salt and vinegar chips, granola, cookies and black bean hummus. "My favorite thing about the swap is getting to try things that I wouldn't normally try. Kate made a coconut vegetable curry one time and it was one of the most delicious things I had ever eaten," said Kala Sullivan, three-time swapper. Food swapping is more than just trading food. As soon as you arrive you are greeted by exciting, adventurous and friendly people



Food swapping is a trend that sweeping through Europe and has made its way to Ames. Ames is the first and only registered food swap in Iowa.

who are all interested in food. The next food swap is Oct. 26 from 2 to 3 p.m. at Della Viti in Ames. The theme: eerie edibles. For more information and to register, check out their website at www.amesfoodswap.com

B thr soon ;)

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Crossword

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Across

1 Tower site
6 "That last piece of cake is mine!"
10 Hemingway nickname
14 Once ___ time ...
15 Shield border, in heraldry
16 Skunk's defense
17 Roulette choices
18 Roulette, for one
19 Baltic native
20 Some boxing wins
23 Not bare
24 Large expanse
25 Cause a stir
31 Bath accessory
33 TV talk pioneer
34 March composer
35 Destructive Greek god
37 Like May through August, literally
40 Bar order
41 Use Comet on
43 Rejection from the top
45 RMN was his vice president
46 Sitcom security device that often defeated its own purpose
50 Bread, at times
51 Salad cheese
52 Where to find the

Down

1 Burger King supply
2 For each one
3 Recipe instruction
4 Supplement nutritionally
5 Race ender
6 Outcome of successful negotiations
7 Camaro ___-Z
8 A bit down
9 Dojo instructor
10 Game divided into chukkers
11 Arabian Peninsula seaport
12 Tools for Wolfgang Puck
13 Gallery showing
21 Senegal's capital
22 Swimmers Crocker

and Thorpe
25 Rudder's locale
26 Coin-tossing attraction
27 Gooley lump
28 Upholsterer's choice
29 Previously owned
30 Cut the skin from
31 Like "padre," e.g.: Abbr.
32 BP subsidiary
36 Drag to court
38 Like some millionaires
39 Expensive
42 Pear variety
44 Lake on the New York border
47 Silo filler
48 Hogwarts castings
49 Thoughtful
52 Cuzco native
53 Muffin grain
54 Flock females
55 Latin I verb
56 Single
57 "Garfield" canine
58 "Cheers" actor
59 Maple yield

Horoscope *by Linda Black*

Today's Birthday

(10/16/13)

Creative passion shines on invention, genius and revolution with Venus trine Uranus on your birthday. The theme this year is discovery, especially around career, education and travel. Finances thrive with organized management. Partnership grows in new directions. Take on a pursuit that satisfies spiritually. Participate in a cause you care about with all your heart.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Cancer

(June 21-July 22)

Today is a 6 – Figure out exactly what's necessary. Ask for feedback. Be sure you're all on the same page. Conditions are better now for getting out. Fall in love with a new subject, situation or person. Follow this passion.

Leo
(July 23-Aug. 22)
Today is a 7 – Keep track of your earnings. Establish better understanding easily now. A new source of funding arises. Keep to moderation. Draw upon hidden resources. Use wits as well as cash for results.

Sagittarius

(Nov. 22-Dec. 21)

Today is a 7 – Do the work yourself and listen carefully. Get creative. Follow a confidential tip. Romance the answers out of the material. Discover a jewel. Share findings. Houseguests can be annoying. Family comes first. Fun grows your spirit.

Capricorn
(Dec. 22-Jan. 19)
Today is a 7 – It pays to advertise. Ask for help. Reveal your dreams. Ask questions and be pleasantly surprised. Make a commitment to listen to each other. Choose your battles carefully. Words don't fail you now. Communication is golden.

Aquarius

(Jan. 20-Feb. 18)

Today is a 7 – Pursue all leads. A profitable plot is afoot. Use your secret weapon. Don't shop until the check clears. Your enthusiasm is contagious. Make sure you know what's required. Recount your blessings. A female distracts you. Your charisma draws others in.

Pisces
(Feb. 19-March 20)
Today is a 7 – There's more good news with a lucky break. Your words have great power now. A new idea excites. Figure out how to fix up your place. Solicit advice from an old friend. Someone fall in love.

Sudoku *by the Mephram Group*

7	6		5		1
			2		6
		4		5	
4	7	6			
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	1			8	9
		7		8	
	2		3	4	
	9		7		2

LEVEL: 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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